

A NOTE FROM THE AUTHOR



We have been told that love is a fairytale

We have been told that love is magical

And yet we have also been told that love is not in our hands.

What if I tell you that love *is* a fairytale

What if I tell you that love *is* magical

And yet I am also telling you that love *is* in your hands.

However, to have your fairytale and live in magic,
you have some work to do

Some fun home passion since it is all about discovering
the underdeveloped ingredient of your love potion
and balancing your chemistry equation.

Wishing You a Happy Forever After

PART I



A Conversation of Love



MOST OF US WILL AGREE that there is no force more polarizing than love. It has been the topic of books, movies, studies, and pretty much anything and everything in-between. From the beginning of our lives, we hope to receive a pure and unconditional type of love and total reliance on our parents or caretakers to offer us the essentials we need to grow and develop. However, along the way, we discover different facets of love and interpret love in different ways, which leads it to transform into something much different. Love is just as important as ever, if not more so, but it seems to be more elusive and difficult to comprehend and locate fully, and yet it can be so simple once we demystify it. We meet man after man or woman after woman and begin interacting with them in the hope that we will form a strong bond based on the very essence of love.

Along with the great joy we find with being in love, we often see an equally painful side of the same coin when our counterparts break our hearts or we are faced with love lost. However, lost love is not forever. We mend our heart, brush off the dirt, and, eventually, recover so we can once again continue our journey to find endless love.

This book begins with a conversation on love, focusing on discussing the different love problems we often face, discovering the magical formula that will solve most relationship problems, uncovering the first love ingredient, and then helping you to evaluate the type of partner you might be.

We will then discuss the three stages of a relationship and move through intellectual and emotional chemistry, eventually progressing to a conversation

The Grey Dance of Love

on the biology of love. Finally, we will close this section with outlining the difference between what women and men want versus what they need.

Antoine de Saint-Exupéry, the author of *The Little Prince*, wrote: “*I then drew the inside of the snake, so that the grown-ups can understand. They always need explanations. Grown-ups never understand anything on their own.*” If you, like me, became a grown-up and eventually lost your understanding of relationships, then this book will help you. I wrote it so that you can regain and improve your understanding of relationships.



CHAPTER 1

IDENTIFYING THE
DIFFERENT LOVE PROBLEMS
AND DISCOVERING
THE MAGIC FORMULA



YOU BUILD A WALL AROUND your heart the first time it breaks: the deeper the cut, the taller the wall. But even then, you know that one day someone will climb that wall. So you build it just for protection to give yourself time to heal and let only that special person in.

When your heart breaks for a second time, you might feel that building another wall won't keep the pain out. You learned from your mistake, and so you take the million little pieces left and discard them across the ocean. You know that it is going to be nearly impossible to put all the pieces together again. Love is now just a fairytale for you, yet you keep hoping that someone, someday, will begin a treasure hunt to collect all the pieces of your heart and, eventually, mend it in a most delicate way.

Love will always be a mystery for those who don't take the time to understand it fully. Unfortunately, few of us have ever given love enough time. It sometimes seems that modern society regards love as a nonnecessity and that it is often out of reach. From fairytales to rom-com movies, we've been brought up to believe that love either happens or it doesn't. We've been brought up to believe that love doesn't last forever or perhaps that it only

lasts a short time, if we're lucky. So it's not surprising that so many people believe that love is magical but not entirely in our hands. In this book, we will explore a different kind of love, a different kind of magic. I will take you on a journey to see love and magic in a new light. Yes, love is magic; yes, love is a feeling; yes, love is a fairytale; and yes, love can be in your hands.

The Heartbreak

It took me almost six months and the help of my cousins to start healing and living again after I suffered a broken heart for the first time. Back then, I couldn't quite understand how my girlfriend could have emotionally connected with another man, which I considered the harshest form of cheating, or leave so suddenly after around eighteen months. However, just like Steve Jobs once said, "*You can only connect the dots looking backwards,*" and that is what I did when I was writing this book. While connecting the dots, I also noticed that a lot of relationships and marriages are platonic and more similar to a *settled-forever-after* "for the sake of the kids" rather than passionate love affairs (for which I constantly yearned).

After my second heartbreak, I decided that it was impossible to let my best friend go just like that. I succumbed to a feeling of "not again," and I just couldn't let the magical connection fall by the wayside. For the first time, I'd found someone I connected with on such a deep level, and I didn't want to lose that. It felt like a repetitious pattern, and the pain wasn't any easier to manage because of the familiarity. However, I understood that to ultimately win this woman's heart, I had to lose her friendship temporarily. That started with finding myself.

And so, after a week of complete and total mourning, I stopped playing the role of a victim and began to channel all of my energy and emotions into finding a solution. In my mind, this could never happen again, and I would do all I could to ensure that. After all, I had been in the personal development world for some time, reading many stories about patience, persistence, and hard work. Example after example ran through my mind. All of this inspired me not to give up, improve myself, and to gain a better understanding of the real problem between my ex-best friend and me. After

numerous conversations, I finally knew why she wasn't attracted to me. It took some time for this particular light bulb to illuminate, but after it did, it led me on an entirely unexpected journey.

After weeks of intensive research and reading more than 1,200-plus articles, 200-plus books, and reviewing other resources, I finally found a solution to:

- Why we are attracted to bad boys/girls, and how to CREATE attraction with ANYONE
- Why we love nice guys/girls, and how to develop and MAINTAIN deep love and intimacy
- Why we are friend-zoned, and how to move from a FRIEND to a LOVER
- Why we are cheated on, and why we cheat and how to AVOID it

In Part I of this book, you will discover my answers to these situations. You will also understand the different solutions to love, or the “why” of each of the love problems outlined. I will also introduce you to the different “Relationship Character Types,” and you'll discover which love character you are in addition to learning about the three stages of love and how you can trigger your biology and chemistry to be and stay in love. This inner journey will help you better understand yourself, discover your hidden magic, and become the hero of your own love journey.

Part II focuses on the “how” of the solution. There you will find a step-by-step plan to move you from being a lover and into a magical relationship; from being a friend and into a magical relationship; and from being in a passionless relationship to being in a magical one. The last chapter in Part II ties the knot of the Grey Dance of Love by sharing some of Mr. and Ms. Grey's most valuable nuggets of wisdom to make your romance sparkle and deepen your love. I divided this book in a logical, progressive, and easy-to-follow way. You will start with the love equation and then move to understanding the love problems through the equation. We all have an innate

desire for love, and this book will help you evaluate, analyze, and progress in the direction of your ideal relationship.

This book is a bridge between four types of schools and brings you one simple formula to help you better understand love. You will discover love from different viewpoints, including biology, chemistry, psychology, anthropology, history, nature, nurture, mathematics, physics, spirituality, and philosophy. You will experience love as you never have before. The formulas outlined in this book have tremendous added value. Let me reassure you that whatever underdeveloped part is in your Love Formula, you can find the equilibrium and have the love you have been dreaming of.

I have gathered all the information in this book through a long research process. It is the accumulated contributions of countless authors, researchers, scientists, and the universe. Together with these timeless teachings, I have imparted my own formulas and experiences that will not only personalize the journey but give you the opportunity to learn from my own heartbreak.

It is time for you to take back the control. Taking control of your love life means adding **more** magic to your love life. The world is in dire need of love—some real, magical love. However, very few of us fully realize it and take action toward it. For all of you looking for love and who have encountered a brick wall because there was this “piece” that just wasn’t right for you, this book carries the solution. You will discover the missing piece of love and how to develop it to become whole and at ONE with love. While you’ll discover incredible concepts that you can apply immediately to your life, note that only with practice will you find what you’re looking for.

There is a certain sexiness in never giving up. This never-giving-up attitude or drive is love at its highest level. Everyone can love when everything is rosy, but love—true love—is when you never give up and face the stormiest of the tornados. It is when you go to hell and back for the sake of your love to be together in a relationship. I am a firm believer that true love stands the test of time and space, and when you truly love, nothing and no one can stand in your way. It is true, pure, and divine. This is because love isn’t ego-based, and it’s not about needing someone. It is about wanting someone and doing whatever it takes.